



Keynote Panel: Supporting the Social/Emotional and Mental Health Needs of Student with ASD

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CAPTAIN Leadership Team Member

Social-Emotional & Mental Health

Let's be sure we are speaking the same language:

Social Emotional Learning is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

Social-Emotional & Mental Health

CASEL articulates 5 core competencies:

Self Awareness

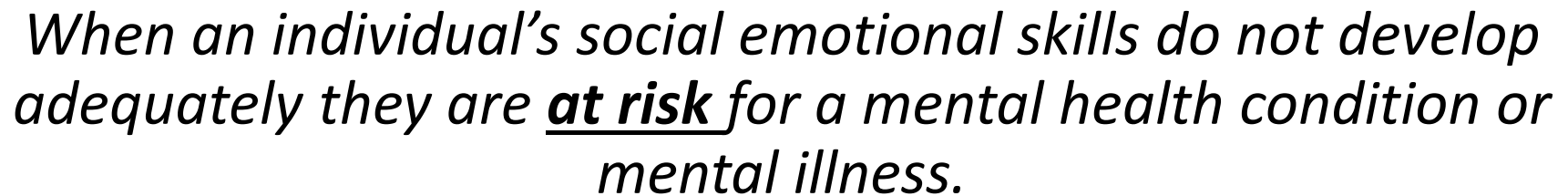
Self Management

Social Awareness

Relationship Skills

More info on core competencies:

<https://casel.org/core-competencies/>



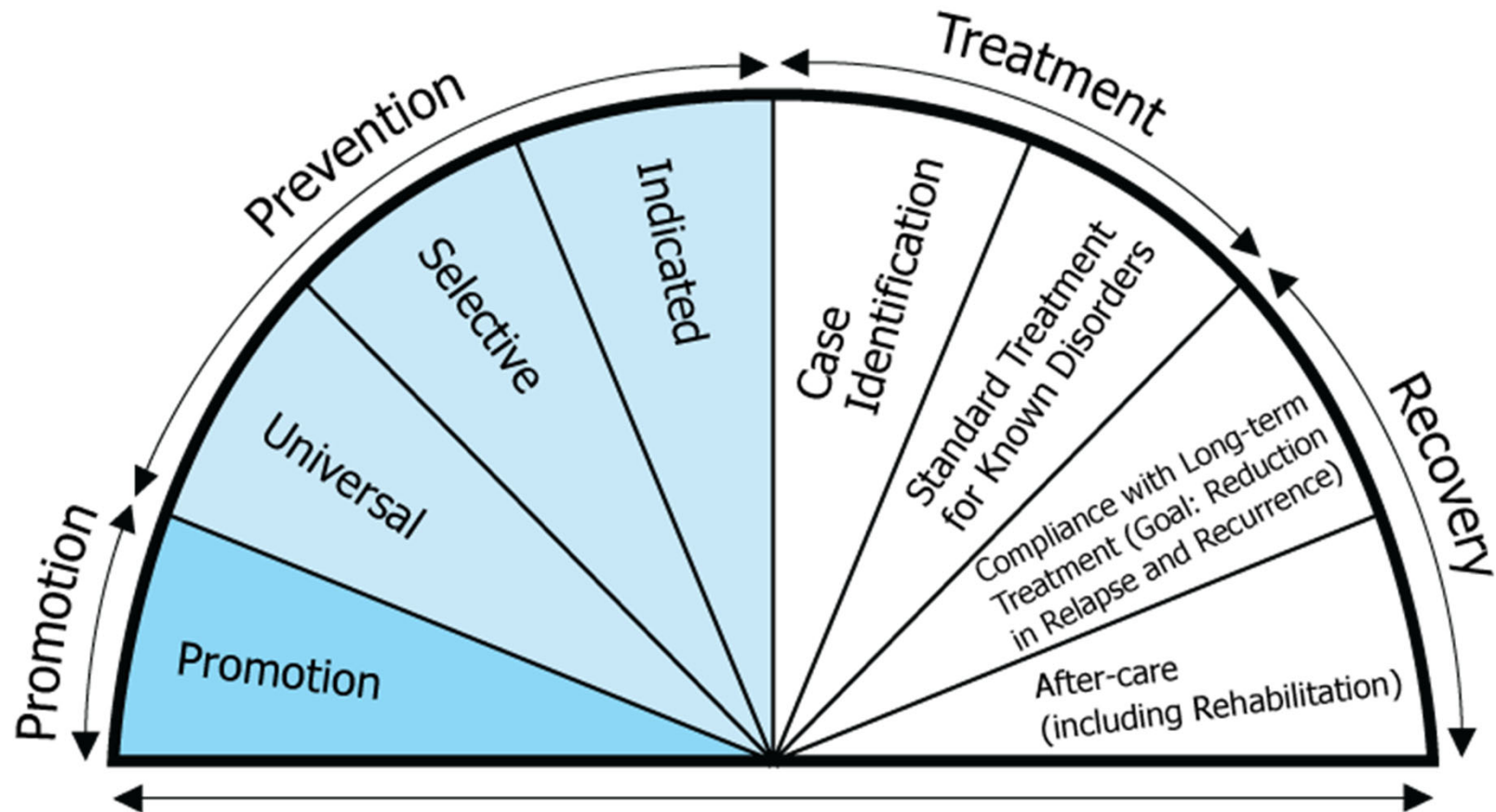
*As well, other factors such as trauma history, family history, or addiction issues can impact a person's life that also places them **at risk of having** a diagnosable mental health condition or mental illness.*

Social-Emotional & Mental Health

Mental illness is defined by NAMI as:

“a condition that affects a person's thinking, feeling or mood. Such conditions may affect someone's ability to relate to others and function each day. Each person will have different experiences, even people with the same diagnosis.”

Social-Emotional & Mental Health



State of the State: Mental Health in Schools

- SB82
- MHSSA
- CSBA (Advisory)
- ACSA (Advisory)



What does this all mean for us in CAPTAIN?

How does it relate to what we do with Evidenced Based Practices?



Dr. Marjorie Solomon, PhD
Professor of Psychiatry and Behavioral Sciences
UC Davis MIND Institute



Patrick Dwyer

Ph.D. Student, Developmental
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Dr. Jeff Wood, PhD
Professor of Education and Psychiatry,
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